



InterCultural
Iceland

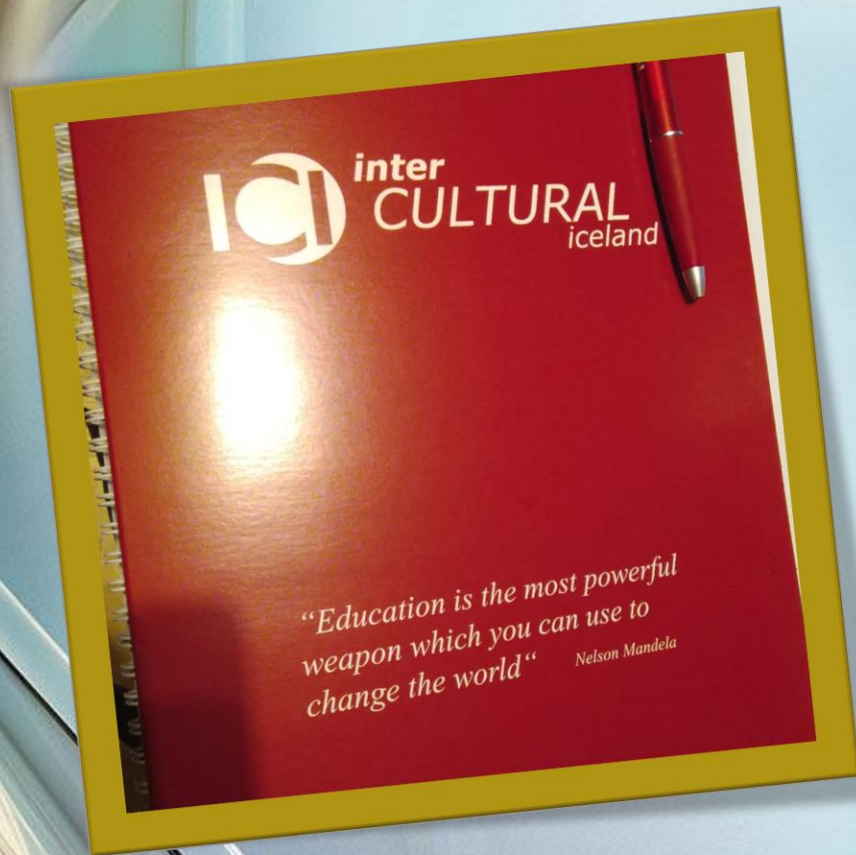


**Sensitisation training with reference to
migration, racism, discrimination, culture and
diversity with strategies for teaching these
issues to diverse age groups**

**Borgarnes – Islanda
22 – 28 settembre 2019**

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***L'educazione è l'arma
più potente che puoi
usare per cambiare il
mondo.***

(Nelson Mandela)

Programma del corso



Sensitisation training with reference to migration, racism, discrimination, culture and diversity with strategies for teaching these issues to diverse age groups

Course program September 22nd – 28th 2019

September 22nd - Sunday - Bus to Borgarnes at 18.00

Meeting in Reykjavik for bus to Borgarnes. Group dinner in Borgarnes. Initial opportunity to get to know other participants and gain practical information on the program

September 23rd - Monday

- 09.00 – 10.45 Introduction of the program, the trainer and the participants.
Using activities to teach ways to get to know each other better and create an inclusive learning environment.
- 10.45 – 11.00 Break
- 11.00 – 12.45 Intercultural education in schools and the development of ICE in Europe.
Why is it necessary in European societies to day? Which methods have been useful in the classroom?
- 12.45 – 13.45 Lunch
- 13.45 – 15.00 Sensitization training and anti-racism education. Which teaching methods have been useful to sensitize different target groups. Using activities as a method to teach about discrimination, racism and other sensitive matters.
- 15.00 – 15.15 Break
- 15.15 – 16.15 Group work task. Preparing activities to use with other participants on Tuesday.

After class there is no planned program but it could be interesting and relaxing to go to the thermal pool and the hot tubs...

- 19.00 Dinner

September 24th – Tuesday

- 09.00 – 09.30 Finish preparing the activity.
- 09.30 – 12.30 Going through the activities (break at 10.30)
- 12.30 – 13.00 Discussion about the experience and using activities as a teaching method.
- 13.00 – 14.00 Lunch
- 14.00 – 18.00 *An excursion with a bus around Borgarfjörður. (Waterfalls, horses and hot springs) <https://www.west.is/en/west-iceland-reaions/visit-borgarfjordur>*
- 19.00 Dinner



September 25th - Wednesday

- 08.30 – 09.20 Short activity – inclusion / exclusion
- 09.20 – 09.35 Break
- 09.35 – 12.00 Clarification of concepts. Prejudices, stereotypes, discrimination and everyday racism with some ideas on how to explain those concepts to different groups of learners.
- 12.00 – 13.00 Lunch
- 13.00 – 16.00 Using creative cooperative learning tasks to learn about migration, prejudice, discrimination etc. (break ca. 14.30 – 14.45)
- 19.00 Dinner

September 26th Thursday

- 09.00 – 09.30 Why do people leave? Short discussion about statistics on migration.
- 09.30 – 11.00 Continue using cooperative learning tasks, discussing myths on migration.
- 11.00 – 11.15 Break
- 11.15 – 12.30 Presentations from the cooperative task on myths.
- 12.30 – 13.30 Lunch
- 13.30 – 18.00 Excursion. Walks to a crater and lava fields and the mountain Kolbeinstaðarfjall and Rauðhálsar and some story telling in the old farm house.
- 19.00 Dinner

September 27th Friday

- 08.30 – 11.30 How can we react when witnessing racist or discriminative behaviour?
Group work task (break at 10.00)
- 11.30 – 12.00 What do we need to keep in mind when giving a sensitization training to unmotivated participants?
- 12.00 – 13.00 Lunch
- 13.00 – 14.45 Building the groups and working on your own workshop. Participants start working together in groups, using the information from the course and their own experience to design their own training sessions for a specific target group.
- 14.45 – 15.00 Break
- 15.00 – 16.15 Presentations and feedback on the workshops.
- 19.00 Dinner

September 28th Saturday

- 09.00 – 09.30 Discussions on dissemination ideas for your colleagues.
- 09.30 - 10.45 Certificates and Evaluation
- 11.00 – 12.00 Driving back to Reykjavik
- 12.00 - Free time in Reykjavik

Contenuto del corso

➤ Intercultural education

- ③ Flexibility - -stärken orientiert
- ⑦ Communication skills
- ⑧ cooperation skills
- Open mind et
 - Positive thinking
 - active learning from each other
 - active participation
 - Mutig / brave initiative
 - Empathy
 - self reflection
 - curiosity
 - respect
 - patience / understanding
 - acceptance
 - tolerance
 - konfliktmangeln.
 - ~~perspektive~~perspektivewechsel
 - except compromises
 - critical thinking
 - creatives denken
 - "autonomisch" handeln
- ③ independent thinking
- Intercultural competence



➤ **The teaching
and training
method**



➤ **Design in group a lesson plan or a training program**



Escursioni



Un po' a zonzo per conoscere e apprezzare la realtà culturale e ambientale del Paese che ci accoglie...



...ammirare paesaggi unici...



CRATER AND LAVA FIELDS



HOT SPRINGS



WATERFALLS



...e stringere nuove amicizie!

